

**EISENHOWER
CHEERLEADING
TRYOUTS 2021**



Dear Applicant and Parent/Guardian,

It is that time of the year again for Eisenhower Cheerleading Tryouts! Us coaches are extremely excited to be a part of the IKE Cheer Family, and we are looking forward to an amazing season! Applicants and parent(s)/guardian(s) should read the content of this packet very carefully. Good luck and thank you for your interest in becoming an Eisenhower High School Cheerleader for the 2021-2022 school year. If you have any questions, please contact Coach Taylor!

Best,

Taylor Shaffer

Eisenhower High School

Head Cheerleading Coach

Taylor.shaffer@uticak12.org

Cheer Website:

<http://www.cheerike.weebly.com/>

Meet the Coaches

Taylor Shaffer - Varsity Head Coach

Coach Taylor has 14 years of cheerleading experience. She competed in all-star cheerleading for 10 years. Within her time as an all-star cheerleader she won many national championships, and competed at the Cheerleading Worlds in '10, '11, '14 and '15. In 2015 she won silver at the Cheerleading Worlds. After she completed her 10 years of all-star cheerleading, she went on to college cheerleading at Bowling Green State University. At BGSU she cheered for football, basketball, and was a finalist at the UCA College Nationals from 2016-2019. In 2019 she won gold at the University World Cup Championships with BGSU. Taylor has been a level 5 tumbler for over 13 years. She has great experience with both basing and flying. She is extremely excited to continue her passion for cheerleading and be a part of the IKE Cheer family!

Sarah Natushko - JV Coach

Coach Sarah is a 2007 IKE cheer alumna. She has 10 years of cheer experience starting off with 3 years of All-star cheer, 5 years of JH and HS cheer, along with 2 years of Aquinas college cheer as part of the WHAC conference. Sarah had to retire from cheer in order to complete her Nursing Degree. Coaching cheer at her alma mater has been a long-time dream. For the last 6 years, she has been assisting coaching baseball for her stepson's team but 2 years ago, her daughter started competing in All-star cheer, reigniting the passion she had for so many years. She is looking forward to jumping back in headfirst and continuing the program legacy created many years ago.

Naiya Estell- Freshmen Coach

Coach Naiya was an All-star cheerleader for 11 years, until she became a part of the Acrobatics and Tumbling team at Alderson Broaddus University. During her time as an all-star cheerleader she competed for Cheer One Allstars for 4 years and then finished her cheer career at Vizion Allstars for 6 years. She competed at the Cheerleading Worlds in '14, '15, and '16, and became a Worlds Silver medalist in 2015 (alongside Coach Taylor) and 2016. Coach Naiya is a level 5 tumbler and has competed as a flyer, backspot, main/side base, and front spot. During her four-year college athletic career, she competed in all events of Acrobatics and Tumbling as well as three NCATA National Championships. Coach Naiya made the All-Conference Team her sophomore year, and she made Academic All-Conference sophomore and junior year. She looks forward to entering back into the cheerleading world and having an awesome season!

Tryout Information

Informational Meeting:

We will have a virtual parent meeting **May 17th at 6:30 p.m.** Attached to this email is an invite for the TEAMS meeting link. All parents and applicants are highly encouraged to attend!

Clinics: \$10 clinic fee – All proceeds go to the Eisenhower Cheer Team

-**Location:** New Aux Gym

-**Freshmen and Sophomore Clinic:** June 1st 5-7 p.m.

-**Junior and Senior Clinic:** June 2nd 5-7 p.m.

-Please arrive at 4:30 p.m. for check in and practice clothes fitting.

Tryouts:

-**Location:** New Aux Gym

-**Freshmen and Sophomore Tryouts:** June 3rd 5-7 p.m.

-**Junior and Senior Tryouts:** June 4th 5-7 p.m.

-Please arrive at 4:30 p.m. for check in

-Bring tryout contract, emergency information, and application

(you will not be able to tryout without these documents)

-Cheerleaders will tryout in groups of 3

-When finished trying out, cheerleaders will exit the gym and are dismissed for the night.

-Results will be posted on our website on **June 5th by 3:00 p.m.**

-If you have questions regarding your team placement, please contact Coach Taylor 48 hours after team postings.

Material:

All tryout material will be available on the IKE CHEERLEADING YouTube channel. It is highly encouraged you learn this material before attending the clinic.

YouTube Link: <https://youtu.be/-bvzukDIDtg>

Scoring:

A sample of the tryout ballot with the scoring scale is in this packet.

Tryouts Attire:

-Plain black athletic tank top or t-shirt (no team affiliation)

-Black spandex or shorts

-Hair pulled back (bow is optional)

-Natural Makeup

-Cheer Shoes or clean athletic shoes if new to cheer

-Absolutely no piercings or jewelry will be worn during tryouts!

Summer Practices:

During the months of June and July practices are **mandatory**. If you have pre-arranged vacations or commitments, please let your coach know ahead of time (this does not include all-star cheerleading). August and fall practice schedules are TBD.

Summer practice will begin the week of June 14th!

Varsity – M, W, TH 10:00 a.m. – 12:30 p.m.

JV- M 8:30-11:00 a.m., W & TH 12:30-2:00 p.m.

Freshmen – M & W 5-7:30 p.m., TH 5:30-7:30 p.m.

Attendance Policy:

- All members must attend and participate in all scheduled practices and events.
- The coach must be notified and contacted directly by the member of any absences excused or unexcused.
- The coach must be notified at least one day before practice if a member needs to leave practice early.
- **Acceptable absences:**
 - Illness, family emergencies, doctor's appointments (make the best effort to schedule around practice and provide a doctor's note), and mandatory school functions.
- Unacceptable absences:**
 - Non-mandatory school functions, work, injuries (depending on the circumstances), and afterschool clubs.
- **Unexcused absences:**
 - 1st unexcused absence: suspension from the next scheduled performance
 - 2nd unexcused absence: permanent suspension from the team
- Unexcused Tardiness:**
 - Tardiness include, not being prepared/ready on time. You need to have everything ready to go by the time practice is scheduled to start. This includes shoes on, hair pulled back, braces/tape on, etc.
 - For every minute, a cheerleader has an unexcused tardy, the team will have conditioning.
 - If tardiness becomes a reoccurring issue for an individual, further consequences may occur.
 - 2 tardies over 15 minutes = unexcused absence

Eligibility

-Must have a 2.5 average GPA or better. Any cheerleader with a GPA less than a 2.5 when checked per semester may be ineligible for practices, games, and events based on coaching staff's decision.

-Must have a valid physical on file

- If new to Eisenhower Athletics, please follow the directions below to sign up for PlanetHS. On PlanetHS you will find all the necessary and required documents. The YouTube video is linked below for further instruction/reference. **Cheerleaders will not be able to tryout without a physical on file!**



Athletic Pre-Participation Forms Getting Started Guide (Parent & Student)

Your school has elected to collect pre-participation forms online through. Follow the steps below to complete pre-participation registration:

<p>1. Create Accounts</p>	<ul style="list-style-type: none"> Both a parent and student are required to create separate accounts. Each account must have a unique email or mobile #. Go to www.planeths.com If your school has provided their <i>Quick Account Code</i>, TEXT the code to 69274 to create your parent & student account. <p><i>*Creation of accounts can be done on all devices with a connection: Computers, Smart Phones, Tablets, iPads, etc.</i></p>
	<ul style="list-style-type: none"> <u>Home School selection</u>- this is the school that you/your student attends/studies. Do NOT select the school district in which your school resides. <u>My student plays for both the Middle School and High School?!</u> If your student plays on both a middle and high school team, upon account creation, select the home school in which your <i>STUDENT STUDIES</i>. You will be able to select a secondary school within the Additional Schools section after creating your account.
<p>2. Emergency Contact Section</p>	<p>STUDENT: not required to input. Can proceed to clicking on "Link Account"</p> <p>PARENT: required to input as much information as possible, which will then automate information into the forms, saving time and duplicate work.</p>
<p>3. Link Parent & Student Accounts</p>	<p>Once logged in, you will be prompted to link the parent and student account. Enter the email address or mobile # to send an invitation to the parent/student. The invited person clicks on the link in the email or text message to finish the linking process. The invited person can also login and accept the link request by clicking on the Link Account Button and selecting accept.</p>
	<p>Why do I have to link accounts? Forms required by your school, often require both a parent and student signature to mark the form as completed. For the system to know what student and parent will be viewing and signing the proper forms, a linked parent/student account is required.</p>
<p>4. Athletic Forms button</p>	<p>Click the Athletic Forms button to move to the Pre-Participation Forms Overview Page and complete the required digital forms.</p>
<p>5. Select the Sports you will participate</p>	<p>In the Sports Interest section, check the sports you will be trying out for. By checking these sports, you are allowing the coach of that team to view your pre-participation paperwork...</p>
<p>6. Additional Schools (If Applicable)</p>	<p>If you/your student participate in sports at multiple schools, add the additional schools here. If you/your student do not play for multiple schools, leave this section blank. Adding additional schools will allow the Athletic Director(s) at the additional school(s) view your pre-participation paperwork.</p>
<p>7. Complete & Sign Digital Forms</p>	<p>Click on each form link, complete each form, and click the Sign & Submit button. Both the parent and student must complete this step. Your school/district chooses which forms require the student, parent, or student AND parent signatures. Upon completion of each form, you should be auto promoted to the next form.</p>
	<p>Students with accounts may begin completing digital forms immediately. Parents must be linked to a student account to see the electronic version of the forms. If they are not linked, they will only see example PDF versions of the forms. You can complete forms or see their status at any time by clicking on the ATHLETIC FORMS button. This gives the ability for students to send a parent linked account request and to upload the physical exam signed by the physician during group physicals.</p>
	<p>Upload Buttons are shown when you are required to upload a document instead of completing the web-form. For example, the physical exam form your physician completes or a birth certificate. These forms can be uploaded by either the parent or student but require the parents signature.</p>
<p>8. Accepted Forms Notification</p>	<p>When your school has accepted all forms, a notification will be sent to you stating all forms have been accepted. You will be notified via email and/or text message (if you have selected the text message option during account creation), if a form has been denied by your school. You will be sent a notification, in which you will be given the reason for denial and a link to review and resubmit your changes back to the school.</p>

If you need assistance with BigTeams or need more information, please consult the help documents found here <https://bigteams.force.com/support/s/> or email schoolsupport@planeths.com. If you have questions regarding the content of form requirements, please contact your school Athletic Director.

Sideline Cost:

Please note the prices listed below are approximate totals. With that, these totals are subject to change. You are responsible for all cost associated with your participation. Additionally, we will have fundraising opportunities to help pay for these costs.

Item	Approximate Cost	Approximate Due Date
Practice/Camp Clothes	\$107.76	Early June
Warm Up (new style 21-22)	\$162	Early June
Black Uniform – V	\$120	Mid/Late June
White Uniform – V, JV	\$120	Mid/Late June
Blue Uniform- V, JV, F	\$120	Mid/Late June
Backpack	\$70	Mid/Late June
Bows	\$20	Mid/Late June
Poms	\$20	Mid/Late June
Cheer Shoes (if needed)	\$80	Mid/Late June
Briefs	\$20	Mid/Late June
On-Site Tumbling	\$20 – Registration \$12 – 1.5 hour (we will tumble every Monday)	Mid/Late June Monthly totally due on the last Monday of each month.
On-Site Private Camp	TBD	TBD

Eisenhower Cheerleading Tryout Score Sheet

Cheerleader #: _____ Judge: _____

5= Excellent 4= Good 3= Average 2= Below Average 1= Needs Improvement

Category	Points	Comments
<u>Flexibility</u> Left, right, and center splits		
<u>Jumps</u> (height, form, finish, difficulty)		
<u>Running Tumbling</u> (difficulty, execution)		
<u>Standing Tumbling</u> (difficulty, execution)		
<u>Cheer Technique</u> (motions, memory, technique, sharpness, projection, expression, enthusiasm)		
<u>Motions</u> (motions, memory, technique, sharpness)		
<u>Overall Impression</u> (spirit, projection, crowd appeal, personality, enthusiasm, smile, appearance, energy)		

IKE Cheer Contract Form

I understand that qualified judges will evaluate me, and I agree to abide by the decision of the judges and acknowledge that all scores, including my own, and all ballots will stay confidential.

I understand that if I am not selected, but have questions in regards to what I can do better next time, I should contact Taylor Shaffer 48 hours following team postings to receive feedback, which will not include my individual scores or scores of others.

I understand that I must have a 2.5 gpa or above to participate in practice, games, and events.

I understand that cheerleading is a time-consuming activity that requires dedication and enthusiasm for not only cheerleading, but for all Eisenhower Athletics and spirit events.

If selected, I understand that I am responsible for all cost associated with my participation.

I understand I am responsible for representing the Eisenhower Cheerleading Team in the best way possible in and out of uniform. If not doing so, there will be consequences.

I understand all practices are mandatory, and if a practice needs to be missed, I must communicate with my coach.

If selected, I promise to abide by all rules/regulation of Eisenhower Athletics and rules/regulation put into place by the cheer coaching staff.

Athlete's Name

Date

Athlete's Signature

Date

Parent/Guardian Name

Date

Parent/Guardian Signature

Date

Emergency Information

(To be completed by parents/guardians)

Athlete's Name: _____

Grade (fall 2021): _____

EMERGENCY CONTACTS:

Name: _____ **Phone #:** _____

Name: _____ **Phone #:** _____

Family Doctor: _____

Please list any other important health information (allergies, known drug reactions, etc.)

Cheer Team Application



First Name: _____

Last Name: _____

Grade (fall of 2021): _____

Cheerleader's Cell #: _____

Previous Stunting Position (circle all that apply): flyer main base side bade backspot new to stunting

Address: _____

City: _____ **Zip:** _____

Parent/Guardian (first and last name): _____

Parent Cell #: _____

Parent/Guardian (first and last name): _____

Parent Cell #: _____